



HSSC Team Rules

1. **ELIGIBILITY:** Residents of Hidden Springs between the ages of 6 and 18, who can swim one lap of the pool using any stroke, are eligible to be a member of the Hidden Springs Swim Club (HSSC) upon payment of registration fees for the current swim team season as assessed by the HSSC Board. Families must be in good standing with their Hidden Springs HOA dues. (Note: Cartwright Ranch residents are not eligible for participation on the Hidden Springs Swim Club.)
2. **MEMBERSHIP:** By becoming a member of HSSC, swimmers and their parents agree to abide by the HSSC team rules, policies, and procedures established by the HSSC Board and coaches.
3. **COACHES** will be selected by the HSSC Board and shall be under the direction and management of the Board.
4. **BUDGET:** The HSSC will pay for all operational expenses using HSSC funds. The HSSC Board will develop a budget from the financial operation of the HSSC under the direction of the President by the beginning of the swim season of each year.
5. **REGISTRATION:** 2019 registration deadline is May 20, 2019. The cost is \$125.00 for each swimmer. **Late registration:** after May 20, 2019 \$135 for each swimmer. Payment is required to participate.
6. **TEAM SHIRTS/CAPS:** Paid registration by the deadline (May 20, 2019) includes a team shirt and cap. Late registrants are not guaranteed a team shirt or cap.
7. **REFUND POLICY:** Refunds will be granted within the first week of practice. Written requests for refunds (less T-shirt & cap fee) will be accepted through Sunday, June 9, 2019.
Refunds **WILL NOT** be given after Sunday, June 9, 2019. **NO EXCEPTIONS**
8. **FORMS:** A separate medical release form **for each swimmer** and a registration form (per family) must be filled out in its entirety, signed, and submitted with the membership fee in order to swim.
9. **PRACTICE:** Attending practice regularly is **strongly encouraged** to receive maximum benefit and progress.
10. **MEETS:** Swimmers are **strongly encouraged** to attend swim meets to receive maximum benefit and progress.
11. **RELAY RULE:** Swimmers are **strongly encouraged** to sign up for a minimum of one relay at meets. Relays are the first event and the last event. Four person relay teams are based on the swimmers' ages as of June 1 and put together at the discretion of the coaches. **Once signed up and placed in a relay, swimmers are expected participate** and not be late or leave early.
12. **TRANSPORTATION:** Parents/guardians are responsible for the safety and transportation of children to and from all practices and meets.
13. Hidden Springs Swim Club is not a replacement for swim lessons.
14. **DISCIPLINE:** Repetitive disciplinary problems will be cause for removal from HSSC. There will be no refund of registration fees if this occurs after the first week of practice.
15. **FEES:** All fees must be paid prior to participation.

I have read and understand the Team Rules: Initial Here: _____

Registration check of
Have you:

- | | | | |
|--------------------------|---|--------------------------|-----------------------|
| <input type="checkbox"/> | Read/Initial Team Rules | <input type="checkbox"/> | Attached Payment |
| <input type="checkbox"/> | Completed Swimmer Registration Form | | Check payable to HSSC |
| <input type="checkbox"/> | Complete/Sign Consent Form for EACH Swimmer | | |

Swimmer Registration Form

Please submit registration by May 20th deadline.
Late registrants are not guaranteed a team shirt or cap.

Swimmer's Name (PLEASE PRINT CLEARLY)	DOB mm/dd/yyyy	Age as of 6/1/2019	Gender M / F	T-Shirt Size	\$125 per child by 5/20 \$135 each AFTER 5/20
Make checks payable to HSSC. TOTAL:					\$

Return registration with payment to: HSTA green box outside their office.

Parent/Guardian Names	Street Address	Phone	E-mail to receive ALL Team/Coach Communication	HS Resident
(PLEASE PRINT CLEARLY)	(PLEASE PRINT CLEARLY)	(PLEASE PRINT CLEARLY)	(PLEASE PRINT CLEARLY)	Y / N
				Y / N
				Y / N
				Y / N

Parents/guardians are responsible for the safety and transportation of children to and from all practices and meets.

Volunteer Opportunities

Parent involvement is **ESSENTIAL** to the team's success.

Volunteers are needed both for team operations and during meets.

It's a short-term gig. The season is 8 weeks.

Do it for the kids!

Non-Meet Volunteers

- HSSC Board Trustee
- Registration
- Practice Parents on Deck
- Team Shirts
- Team Caps
- Meet Ribbons Distribution

Meet Volunteers

- Announcer/Starter
- Scorer
- Awards
- Runner
- Timers
- Master Timer
- Marshals
- Bullpen Marshal
- Concessions Table

Check out volunteer descriptions at:
HiddenSpringsSwimClub.com
 Contact us: **hssc.stingrays@gmail.com**

Consent Form

Medical Information, Consent, and Contacts

(For additional swimmers... Copy this, OR print additional forms from HiddenSpringsSwimClub.com... click Join Us, Medical Consent)		
	1st Swimmer Name:	2nd Swimmer Name:
Health Insurance Carrier & Policy #		
Physician Name & Phone #		
Health Concerns (incl. allergies)		
Medications		
Parent/Guardian Contact	Name:	Phone:
Parent/Guardian Contact	Name:	Phone:
Other Contact	Name:	Phone:
Emergency Contact	Name:	Phone:

I hereby consent to and authorize any first aid and emergency treatment, including but not limited to transportation to and from health care facilities, and/or the provision of treatment which the attendant and/or medical professional may deem advisable in the exercise of best judgment.

Custodial Parent/Guardian Signature: _____ Date: _____

Release of Liability and Assumption of Risk Agreement

In consideration of the above-named child/ward, being allowed to participate in any way in the Hidden Springs Swim Club, Inc. and related events and activities, the undersigned acknowledges, appreciates, and agrees that the risk of injury or death to my child does exist. I understand the seriousness of the risks involved in participating in this program, and accept them as parent/guardian of the participant.

For myself, spouse, and child, I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Hidden Springs Swim Club Inc. and/or its directors, officers, officials, agents, employees, volunteers, other participants, and owners/ lessors of the training and competition premises and facilities (including but not limited to Hidden Springs Town Association, Inc.) I assume full responsibility for my child's participation and I willingly agree to comply with the program's stated and/or customary terms and conditions for participation. If I observe any unusual significant concern in my child's readiness for participation and/or in the program itself, I will remove my child from the participation and bring such attention of the nearest official immediately; and,

I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Hidden Springs Swim Club, Inc. its directors, officers, officials, agents, employees, volunteers, other participants, other participants, and owners/ lessors of the training and competition premises and facilities (including but not limited to Hidden Springs Town Association, Inc.) ("Releasees"), with respect to any and all injury, disability, death, or loss or damage to person or property incident to my child's involvement or participation in the Hidden Springs Swim Club, Inc. program, whether arising from the negligence of the Releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Custodial Parent/Guardian Signature: _____ Date: _____